Dear Parent,

On Friday, 23 March, 2012, we will be holding our Cross Country Carnival at Epping Oval. The Carnival will start at approx. 10.00am and conclude at approx. 12.30pm. The students will walk to and from the Oval under the supervision of teachers. (The back up date for this Carnival will be Friday 30 March, 2012.) All students are expected to compete. If your child has a legitimate reason for not competing please complete the section below. Students will need to wear a hat when walking to and from the Oval and whilst watching the cross country event.

Age groups to be contested are

- Boys / Girls 8 / 9 years
- Boys / Girls 10 years
- Boys / Girls 11 years
- Boys / Girls 12/13 years

Students in age groups 8/9/10 years will run approx. 2km and age groups 11/12/13 years will run approx. 3km. Students are encouraged to wear their sports uniform, a sun safe hat and apply sunscreen before leaving home. They will also need to take a drink bottle. Students with medical conditions (asthma etc.) need to see Mr Weber prior to leaving the school so that their medication is taken to the Oval.

If any parent would like to help on this day, could you please fill in the section on the permission note below and return the completed form to your class teacher **NO LATER THAN FRIDAY, 16 MARCH, 2012**.

---

Mrs Wiltshire and Mr Weber
Co-ordinators

Mr John Ford
Principal

---

**CROSS COUNTRY CARNIVAL NOTE 2012**

I would like to enter my child in the age group (the age he / she turns this year) to compete in the school cross country on Friday, 23 March (wet weather alternate day Friday, 30 March, 2012) to be held at Epping Oval.

Please tick age group:

- 8/9 years
- 10 years
- 11 years
- 12/13 years

Signed ...............................................................Parent/Guardian   Date....................

Yes, I will be available to assist at the cross country carnival on Friday, 23 March, 2012 (or Friday 30 March if wet).

Signed ...............................................................Parent/Guardian   Date....................

My Child .....................................................of class...........is **UNABLE** to compete in the cross country because ________________________________________________________________